

TOPICS AND QUESTIONS FOR EARLY AMERICA GROUP PROJECTS IN HEALTH

Topics relate to basic human needs for food, shelter, and safety. See chapters 5, 6, 10 and 11 in the health text for ideas:

NUTRITION

SAFE FOOD PREPARATION

EXERCISE

REST AND SLEEP

HOME SAFETY

FIRE SAFETY

FIRST AID

EMERGENCY PREPAREDNESS

WILD WEATHER

EARTHQUAKE SAFETY

ENVIRONMENTAL HEALTH

KNOWLEDGE

What issue is it?

Write an introductory paragraph describing the issue.

Define terms and make an illustrated dictionary.

Provide statistics.

COMPREHENSION

How might making good/bad choices about this issue affect a person's health?

Write paragraphs to explain.

Show pictures to illustrate consequences of good/bad choices.

APPLICATION

What should you do to stay healthy?

Show how to approach this issue in a healthy way.

Demonstrate how to do it.

ANALYSIS

Go into more detail—how might making good/bad choices about this issue affect a person's physical/mental/emotional health? How might those choices affect different parts of the body?

Write paragraphs with illustrations.

Create and videotape a puppet show or skit.

SYNTHESIS

How can you teach a person to make good choices? What arguments could you use to convince them?

Write a persuasive ad, song, essay, letter to the editor, pamphlet or brochure. Make sure you include several compelling reasons developed in detail.

EVALUATION

How important is the issue? How much of an impact does it have on a person's overall health on a daily basis/in an emergency?

Write paragraphs including your conclusion.