

The Elevation Hike

by Trish Skillman and Janet Kragen
2007

(to the tune of “She’ll be Coming ‘Round the Mountain”)

Say goodbye to the **lowlands** as we start,
Say goodbye to the **midlands** as we go,
We’ll be hiking past high **mesas**,
We’ll be climbing to the **highlands**,
We’ll be heading for those mountain **peaks** up high!

I’ll trade a lowland **plain** for a **plateau**.
I’ll trade a midland **hill** for **mountain** tops.
Up upon the high **range ridges**
We won’t need any ‘fridges
I’ll leave my **valley** for that **summit** way up high!

Want to see the **mountains ranges** way up high—
Want to hike along the **continental divide!**
Want to climb that old **volcano**,
Stand on **cliffs** up in the cold snow,
Looking down on steep-walled **canyons** from on high.

Searching for the Source

by Trish Skillman and Janet Kragen

2007

(to the tune of “When Johnny Comes Marching Home”)

The **delta** was too hard to cross, too bad, too bad!
We needed a deeper **river mouth**, instead, instead!
Our way was blocked by a waterfall,
Had a heavy **portage** to carry it all.
What a long, hard trip **upstream** we all had.

We paddled up the **river** for six days, six days.
Tributaries right and left—which way? Which way?
We found a **lake** but continued on
Up to the **source** where the water came from.
We found the **glacier** and headed **downstream** home!

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Sailing to Liberty Bay, Washington
by Trish Skillman and Janet Kragen
2007

(to the tune of the round “I love the mountains, I love the rolling hills”)

I love the **ocean**, sailing upon the **seas**
Passing an **isthmus**, covered with rocks and trees,
Through **archipelagos**, past lonely **islands**,

Through the **straits**, down the **sound**, into **bay** and **harbor**—
Through the **straits**, down the **sound**, into **bay** and **harbor**.

I love to float on **currents** drifting down the **coast**,
Passing **peninsulas**—I think we have the most!
Coming around a **cape** and through the broad **channel**,

Through the **straits**, down the **sound**, into **bay** and **harbor**—
Through the **straits**, down the **sound**, into **bay** and **harbor**.